# ASSOCIATE OF SCIENCE IN PHYSICAL THERAPIST ASSISTANT (ASPTA)

## (Please see the Undergraduate Program Offerings by Campus chart in the catalog for a list of Herzing campuses offering this program.)

## **PROGRAM DESCRIPTION**

This associate of science in physical therapist assistant program prepares students to take the National Physical Therapist Assistant Examination (NPTAE) and begin a professional allied health career as licensed physical therapist assistants. Students are provided a foundation of general education, including courses in the natural sciences, social sciences, and humanities, as well as the technical education for the knowledge, skills and abilities necessary to work in a healthcare environment. Theoretical instruction is complemented with clinical experience in a variety of healthcare settings in order to provide a broad, holistic, and reality-based understanding of the roles and responsibilities of a professional physical therapist assistant. Students will participate in planned clinical and laboratory experiences that will complement classroom learning and will stress health promotion as well as rehabilitation of the disease process.

## **PROGRAM OUTCOMES**

Upon completion of this program, the student should be able to:

- 1. Demonstrate safe and effective technical skills during the provision of physical therapy within the scope of an entry-level physical therapy assistant.
- 2. Assess a patient's response to treatment and contribute to the clinical decision making process following a plan of care developed by a physical therapist.
- 3. Articulate effective and culturally inclusive communication to establish relationships with diverse patients and team members.
- 4. Apply evidence-based physical therapy practice utilizing appropriate resources.

# POTENTIAL OCCUPATIONAL TITLES

Potential occupational titles for this program include, but are not limited to, physical therapist assistant.

## **PROGRAM CONTENT**

A minimum of 73.00 semester credit hours is required for graduation.

#### **REQUIRED SUPPORT COURSE**

1.00 semester credit hour is required.

Course Number	Course Name	Prerequisites/Corequisites	Credit Hours
AS 144	Medical Terminology	None	1.00

#### **REQUIRED COURSES**

All courses, 45.00 semester credit hours, are required.

Course Number	Course Name	Prerequisite	Credit Hours
PT 105	Principles of Physical Therapist Assistant Practice	SC 245 and SC 245L/Corequisite PT 116	4.00
PT 110	Functional Kinesiology	PT 105 and PT 116/Corequisite PT 130	4.00
PT 116	Pathophysiology for Physical Therapist Assistants	SC 245 and SC 245L/Corequisite PT 105	3.00
PT 130	Basic Patient Care	PT 105 and PT 116/Corequisite PT 110	3.00
PT 140	Therapeutic Modalities	PT 110 and PT 130/Corequisite PT 151	3.00
PT 151	Therapeutic Exercise	PT 110 and PT 130/Corequisite PT 140	3.00
PT 210	Clinical Practicum Preparation	PT 220 and PT 251/Corequisites PT 240 and PT 260	1.00
PT 220	Orthopedic Patient Care	PT 140 and PT 151/Corequisite PT 251	3.00

Semester

			Semester
Course Number	Course Name	Prerequisite	Credit Hours
PT 240	Patient Care for Special Populations	PT 220 and PT 251/Corequisites PT 210 and PT 260	3.00
PT 251	Neurological Patient Care	PT 140 and PT 151/Corequisite PT 220	4.00
PT 260	Professional Issues	PT 220 and PT 251/Corequisites PT 210 and PT 240	2.00
PT 271	Clinical Practicum I	PT 240, PT 251 and PT 260	6.00
PT 281	Clinical Practicum II	PT 271	6.00

## **GENERAL EDUCATION PREREQUISITES**

The following general education prerequisite courses must be completed with a grade of C (70%) or better for a student to be continued in the PTA program:

- Anatomy and Physiology I and Anatomy and Physiology I Lab
- Anatomy and Physiology II and Anatomy and Physiology II Lab

All other general education courses must be passed with a grade of D (60%) or better to be continued in the Physical Therapist Assistant program.

A student who is dropped from the PTA program for failing to achieve the minimum grade specified in the general education courses, but who otherwise meets the academic standards of the University, may transfer to another Herzing degree program and/or may reapply to this program in a future cycle.

#### **REQUIRED COURSES IN GENERAL EDUCATION**

Students enrolled in this associate's program must complete a minimum of 25.00 semester credit hours in general education distributed among the following disciplines. Refer to the General Education section of the catalog for Herzing University courses that would satisfy these requirements. \*

- 8.00 Semester Credit Hours in Anatomy and Physiology With Lab
- 4.00 Semester Credit Hours in Computer Applications
- 3.00 Semester Credit Hours in English Composition
- 3.00 Semester Credit Hours in Humanities With a Critical Thinking Focus \*\*
- 1.00 Semester Credit Hours in Information Literacy
- 3.00 Semester Credit Hours in Social or Behavioral Science
- 3.00 Semester Credit Hours in Speech
- \* Transfer students may transfer courses that are within 1.00 semester credit hour of the courses listed above to meet these discipline requirements. Any resulting deficiency in the total of 25.00 semester credit hours required in general education may be made up with general education electives from any of the listed disciplines.
- \*\* A course with a critical thinking focus would be a course that addresses the theories and application of critical analysis with an emphasis on developing sequential reasoning skills. Examples may be courses in critical thinking, philosophy, logic, or science.

## PERSONAL AND PROFESSIONAL DEVELOPMENT COURSES

2.00 semester credit hours are required.

Course Number	Course Name	Prerequisite	Semester Credit Hours
PD 121	Professional Development I	None	1.00
PD 202	Professional Development II	None	1.00

Distribution of Contact Hours by Course					
Course or Category	Lecture	Lab	Clinical	Total Contact Hours	Credits
AS 144	15.00			15.00	1.00
PT 105	60.00			60.00	4.00
PT 110	30.00	60.00		90.00	4.00
PT 116	45.00			45.00	3.00
PT 130	15.00	60.00		60.00	3.00
PT 140	30.00	30.00		60.00	3.00
PT 151	30.00	30.00		60.00	3.00
PT 210	15.00			15.00	1.00
PT 220	30.00	30.00		60.00	3.00
PT 240	30.00	30.00		60.00	3.00
PT 251	30.00	60.00		90.00	4.00
PT 260	30.00			30.00	2.00
PT 271			270.00	270.00	6.00
PT 281			270.00	270.00	6.00
Anatomy and Physiology With Lab	90.00	60.00		150.00	8.00
Computer Applications	60.00			60.00	4.00
English Composition or Literature	45.00			45.00	3.00
Humanities With a Critical Thinking Focus	45.00			45.00	3.00
Information Literacy	15.00			15.00	1.00
Personal/Professional Development	30.00			30.00	2.00
Social or Behavioral Science	45.00			45.00	3.00
Speech	45.00			45.00	3.00
Totals	750.00	330.00	540.00	1,620.00	73.00