## **Official Program Outline**



# MASTER OF SCIENCE IN NURSING WITH A CONCENTRATION IN PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER (MSNPMHNP)

(Please see the *Graduate Program Offerings by Campus* chart in the catalog or on the Herzing Website at <a href="www.herzing.edu/career-programs/downloads">www.herzing.edu/career-programs/downloads</a> for a list of Herzing campuses offering this program.)

#### PROGRAM DESCRIPTION

This online graduate degree in nursing will provide students with the academic knowledge, skills, and expertise to apply for certification as a Psychiatric Mental Health Nurse Practitioner. Graduates will be prepared to have integrated praxis philosophy throughout multiple courses. Courses consist of core MSN courses, specialty concentration courses, and clinical courses. This program is for licensed registered nurses (current, unrestricted license) who have a Bachelor of Science in Nursing degree and are interested in advancing their careers to become certified as a Psychiatric Mental Health Nurse Practitioner.

Prior to enrollment, individuals considering the Master of Science in Nursing program, particularly the Psychiatric Mental Health (PMHNP) concentration, should be aware of their state requirements regarding required clinical courses and eligibility to apply for licensure.

#### **CORE MSN PROGRAM OUTCOMES**

Upon completion of their program, the student should be able to:

- 1. Integrate scientific evidence from nursing and biopsychosocial disciplines, genetics, public health, quality improvement, and organizational sciences when designing and implementing outcome measures in diverse settings and through the lifespan.
- 2. Demonstrate leadership skills that emphasize ethical and critical decision-making, fiscal responsibility, inter-professional relationships that promote safe, quality care within a systems framework.
- 3. Apply methods, tools, performance measures, and evidence-based standards when evaluating quality indicators within an organizational system.
- 4. Synthesize theories, models and research findings inherent to nursing practice, education and management to guide an organization or healthcare system towards achieving successful outcomes.
- 5. Apply client/patient care technologies and informatics to coordinate and ensure safe quality care and promote effective communication among members of the inter-professional healthcare team.
- Analyze ethical, legal and sociocultural factors to influence policy development and healthcare delivery systems that promote the health of individuals and populations.
- 7. Articulate a leadership role within inter-professional teams through effective communication, collaboration and consultation with other professionals to manage, coordinate care and provide safe, quality family-centered and population-based care.
- 8. Incorporate organizational and culturally sensitive client and population centered concepts in the planning, delivery, management, and evaluation of direct and indirect evidence-based health promotion care and services to specified individuals, families and populations.
- 9. Implement scholarly activities in selected individuals, populations, and systems.

## PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER PROGRAM OUTCOMES

Students are expected to meet all the core MSN program outcomes as well as the Psychiatric Mental Health program outcomes. Upon completion of their program, the student should be able to:

- 1. Demonstrate critical thinking and holistic caring as an advanced practice nurse.
- 2. Analyze scientific literature for application to selected diagnoses and treatment plans.
- 3. Synthesize ethical principles into the management and evaluation of healthcare delivery concerns in culturally diverse care settings.

- 4. Articulate a personal philosophy and framework acknowledging professional and accrediting agency competencies relating to the role and scope of practice of the psychiatric mental health nurse practitioner.
- 5. Implement the role of the psychiatric mental health nurse practitioner in selected clinical settings.

#### POTENTIAL OCCUPATIONAL TITLES

Potential occupational titles for this program include, but are not limited to nurse practitioner, advanced practice nurse and psychiatric mental health nurse practitioner.

#### PROGRAM CONTENT

A minimum of 48.00 semester credit hours is required for graduation.

## **REQUIRED CORE COURSES**

All courses, 15.00 semester credit hours, are required.

Course Number	Course Name	Prerequisites/Corequisites	Semester Credit Hours
HA 610	Health Policy and Management	NU 560 or BU 600	3.00
NU 500	Theoretical Foundations for Nursing	None	3.00
NU 525	Technology and Nursing Informatics in Advanced Practice	None	3.00
NU 530	Organizational Systems and Behaviors	None	3.00
NU 560	Research Methods and Evidence-Based Practice	MA 320 or equivalent	3.00

## **REQUIRED DIRECT CARE CORE COURSES**

All courses, 9.00 semester credit hours, are required.

Course Number	Course Name	Prerequisites/Corequisites	Semester Credit Hours
NU 610	Advanced Health Assessment	NU 500, NU 560,	3.00
NU 621	Advanced Pathophysiology	NU 500, NU 560	3.00
NU 636	Advanced Pharmacology	NU 500, NU 560	3.00

## **REQUIRED COURSES IN PMHNP CONCENTRATION**

All courses, 24.00 semester credit hours, are required.

			Semester
Course Number	Course Name	Prerequisites/Corequisites	Credit Hours
NU 670	Advanced Psychopharmacology and Health Promotion	NU 610, NU 621, NU 636	3.00
NU 671	Clinical Decision-Making	NU 610, NU 621, NU 636	2.00
NU 672	Counseling and Psychotherapy	NU 670	4.00
NU 673	Psychiatric Mental Healthcare I	NU 672	4.00
NU 674	Psychiatric Mental Healthcare II	NU 673	4.00
NU 626	Roles for Nurse Practitioners	NU 500, NU 560	3.00
NU 675	Psychiatric Mental Health Nurse Practitioner Practicum	NU 674 and Final Semester	4.00

## **Course Descriptions – New PMHNP Courses**

NU 670 Advanced Psychopharmacology and Health Promotion

This course provides scientific knowledge of psychopharmacology and its application to treatment of clients with psychiatric disorders across the lifespan. This course studies the advanced concepts related to neuroscience, pharmacokinetics, and pharmacodynamics of psychotropic drugs as well as applications of psychopharmacology in the treatment and management of disorders in mental health. Substance abuse is explored with context of mental health disorders.

Semester Credit Hours: 3.00 Contact Hours: 45/00/00/45 Prerequisites: NU 636, NU 621, NU 610 Corequisites: None.

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## NU 671 Clinical Decision-Making in Psychiatric Mental Health

This course is an examination of the processes applicable to clinical decision making across the life span with patients exhibiting psychiatric disorders. Models for clinical decision making in mental health will be presented. An overview of key assessments and the clinical activity categories that impact clinical decision making will be provided. Application of course concepts will be accomplished through engagement with hypothetical clinical scenarios in the mental health patients.

Semester Credit Hours: 2.00 Contact hours: 00/00/90/90 Prerequisites: NU 621, NU 610, NU 636 Corequisites: NU670

#### NU 672 Counseling and Psychotherapy

This course examines the guiding principles and ethics of counseling and the therapeutic environment for mental health patients across the lifespan. Techniques of counseling are introduced and correlated with relationships. Students will demonstrate techniques in the clinical setting in therapeutic milieus.

Semester Credit Hours: 4.00 Contact Hours: 45/00/45/90 Prerequisites: NU 610, NU 636, NU 621, NU 670, NU 671 Corequisites: None.

#### NU 673 Psychiatric Mental Healthcare I

This course prepares students to assess, diagnose, and manage mental health care needs across the life span. Emphasis will be placed on underlying acute and chronic psychiatric/mental health diagnoses. Clinical opportunities will be utilized to all the PMHNP to apply concepts in primary and acute care settings with adults and families.

Semester Credit Hours: 4.00 Contact Hours: 30/00/90/120 Prerequisites: NU 610, NU 621, NU 636, NU 670, NU 671, NU 672 Corequisites: None.

### NU 674 Psychiatric Mental Healthcare II

This purpose of this course is to provide students further studies related psychiatric/mental health care management of patients across the life span to include underlying acute and chronic psychiatric/mental health disorders. Clinical opportunities will be utilized to apply concepts in primary and acute care settings with adults and families.

Semester Credit Hours: 4.00 Contact Hours: 30/00/90/120 Prerequisites: NU 610, NU 621, NU 636, NU 670, NU 671, NU 672, NU 673 Corequisites: None.

## NU 675 Psychiatric Mental Health Nurse Practitioner Practicum

This course is an immersion experience into a mental health practice and the role of the Psychiatric Mental Health Nurse Practitioner. Semester Credit Hours: 4.00 Contact Hours: 00/00/180/180 Prerequisites: NU 610, NU 621, NU 636, NU 670, NU 671, NU 672, NU 673, NU 674 and Final Semester Corequisites: None.

	Distribution of Contact Hours by Course					
Course Number	Lecture	Clinical Practicum	Total Contact Hours	Credits		
HA 610	45.00		45.00	3.00		
NU 500	45.00		45.00	3.00		
NU 525	45.00		45.00	3.00		
NU 530	45.00		45.00	3.00		
NU 560	45.00		45.00	3.00		
NU 670	45.00		45.00	3.00		
NU 610	30.00	45.00	75.00	3.00		
NU 671	0.00	90.00	90.00	2.00		
NU 621	45.00		45.00	3.00		
NU 672	45.00	45.00	90.00	4.00		
NU 626	45.00		45.00	3.00		
NU 673	30.00	90.00	120.00	4.00		
NU 674	30.00	90.00	120.00	4.00		
NU 675	0.00	180.00	180.00	4.00		
NU 636	45.00		45.00	3.00		
Totals	540.00	540.00	1080.00	48.00		